



**Spring Trip to Venta 'El Frenazo' Los Barrios, Spain  
Wednesday 8<sup>th</sup> May 2024**

**Menu (includes breakfast, lunch, tea)**

**Name.....Tel. No. ....**

**Party Leader.....Tel. No.....**

**Drinks:** included in the price will be water/soft drinks/beer/house wine

**Starter:** (for everyone) **Tomate a las Majadillas**

**1<sup>st</sup> Course:** Please choose one of the following:

- 1. Picadillo Soup**
- 2. Gazpacho**
- 3. Chickpea Stew**

**Main Course:** chips and vegetables included, so please choose one of the following:

- 1. Pork loin in pepper sauce**
- 2. Hake fillet in green sauce**
- 3. Roast chicken**

**Dessert:** Please choose one of the following:

- 1. Homemade Custard**
- 2. Fig Mousse**
- 3. Fruit Salad**
- 4. Chocolate mousse**

**Tea or coffee**

**CHOICES:** **1<sup>st</sup> Course Number.....**

**Main Course Number.....**

**Dessert Number.....**

**Registered Charity Number 228**

**Website: [www.paamoa.gi](http://www.paamoa.gi)**

**Email: [info@paamoa.gi](mailto:info@paamoa.gi)**

April 2024

Dear Member

**Spring Trip to Venta 'El Frenazo', Los Barrios Spain  
Wednesday 8<sup>th</sup> May 2024**

We are pleased to provide you with the details of our popular annual outing to Spain as above. The total cost of the Outing is **£45** which includes: Transport in Spain, Ambulance (private company), Breakfast, Lunch and Tea.

From the Menu you will need to choose 1<sup>st</sup> Course, Main Course and Dessert.

Complete Menu Form and return it to us at **Victoria Stadium** on **Wednesday 18th APRIL** between **5.30pm and 6.30pm** together with the exact amount of money in Sterling.

If you wish to travel on the same coach and sit at the same table as your friends, choose one person to hand in ALL your forms and money together and appoint a group leader.

Assembly Time – **8.30am at Airport Terminal**

If unable to attend on the day. Please call: 54022225 or 54019997 or 57701000

Departure Time – Promptly at 9.00am from Spain.

On our return at approximately 18.00hrs, drop off will be at the Spanish side of the frontier.

After breakfast we are doing a long or short walk to suit individual stamina. In order to cut down on transport costs to the beginning of the walk, we shall be doing the same walk as last year. There will be games at the Venta for those staying behind

**Important Note:** On the day you Must be feeling healthy and must ONLY undertake a walk you can cope with. Don't forget to bring your PASSPORT and ID CARD. You need to bring any medication you require, hat, sun-block, sunglasses and comfortable shoes/boots are recommended.

We hope you will come and share with us the fresh country air, good food and good company. Don't forget to bring pound coins for the raffle (**No** Euros)

If due to unforeseen circumstances you are unable to join us, it will be your responsibility to find someone to take your place.

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