



*Sport, Exercise & Physical Activities for over 55's.*

# Membership Form

**Completed form must be sent by email to [info@paamoa.gi](mailto:info@paamoa.gi)  
or posted in the PAAMOA letterbox at the entrance to the Tercentenary Stadium**

*PAAMOA classes are free if you are over 60yrs. If you are between 55yrs and 60yrs a payment of £30 per annum is required*

Name:	Date of Birth:
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Address:
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Tel No:	Email:
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**Please inform us of any change of address or circumstances**

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

This is the application form for membership of PAAMOA. If you are taking part in classes you will be asked to fill in a Health Screening Form for each class you participate in which can be downloaded from the website and handed in to your class tutor upon completion.

**For further information on activities for seniors in Gibraltar please visit our website or contact us by email**